

EXPOSURE GUIDANCE FOR COVID-19

Are you experiencing any NEW COVID-19 related Symptoms? (excluding chronic symptoms like frequent headaches or allergies)

Fever or chills
Cough
Shortness of breath or difficulty breathing
Fatigue
Muscle or body aches

Headache
New loss of taste or smell
Sore throat
Congestion or runny nose
Nausea or vomiting

YES, I HAVE SYMPTOMS

NO SYMPTOMS

Record your symptoms in the Saints Health+ app.

Schedule a telehealth appointment with a medical provider through the Saints Health+ app.

Contact your supervisor to notify them you have symptoms (employees only).

Stay home and isolate for 10 days from the onset of symptoms.

Have you been in contact with someone who has tested positive for COVID-19?

Yes

No

Yes, I have had direct physical contact or close contact (within 6ft for 15 min or more).

Yes, I have had non-close contact (outside 6ft or within 6ft for a brief period of time)

Practice physical distancing, good hygiene, and wear a mask

Log into the Saints Health+ app daily to complete your symptom survey

Watch for symptoms AND quarantine yourself for 14 days.

Log into the Saints Health+ app daily to complete your symptom survey.

Contact your supervisor to notify them you have been exposed to the Coronavirus (employees only).

Complete testing for COVID-19.

Health Services/HR must receive a Return to Work form for employees and a Return to Class/Campus form for students from a treating physician prior to the employee/student returning to campus.

Practice physical distancing, good hygiene, and wear a mask.

Take your temperature and watch for symptoms.

Log into the Saints Health+ app daily to complete your symptom survey.