EXPOSURE GUIDANCE FOR COVID-19

Are you experiencing COVID-19 symptoms? They Include:

- Fever (at or over 100.4 F or 38 C) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

YES, I HAVE SYMPTOMS

Record your symptoms in the Saints Health+ app.

Notify HealthySaints@flagler.edu that you have symptoms.

Contact your supervisor to notify them you have symptoms (employees only).

Schedule and obtain a COVID PCR test through a local provider.

Stay home and isolate for 10 days from the onset of symptoms.

Health Services/HR must receive a Return to Campus form prior to student/employee returning to campus.

Call Health Services to complete the form over the phone. 904-819-6211

Watch for symptoms AND quarantine yourself for 14 days or obtain a COVID PCR test on day six of quarantine.

Record your contact in the Saints Health+ app—answer yes to question two.

Notify HealthySaints@flagler.edu that you have been exposed to COVID

Contact your supervisor to notify them you have been exposed to COVID (employees only).

Complete testing for COVID-19 on day six of quarantine.

NO SYMPTOMS

Have you been in contact with someone who has tested positive for COVID-19?

Yes

Yes, I have had direct physical contact or close contact (within 6 feet for 15 min or more without wearing a mask)

Practice social distancing, good hygiene, and wear a mask.

Log into the Saints Health+ app daily to complete your symptom survey.

Watch for symptoms.

No

Yes, I have had non-close contact (outside 6 feet or within 6 feet for a brief period of time)

Practice social distancing, good hygiene, and wear a mask.

Log into the Saints Health+ app daily to complete your symptom survey.

Watch for symptoms.

No SYMPTOMS