



EXPOSURE GUIDANCE FOR COVID-19

Are you experiencing COVID-19 symptoms? They Include:

Fever (at or over 100.4 F or 38 C) or chills
Cough
Shortness of breath or difficulty breathing
Fatigue
Muscle or body aches

Headache
New loss of taste or smell
Sore throat
Congestion or runny nose
Nausea or vomiting
Diarrhea

YES, I HAVE SYMPTOMS

NO SYMPTOMS

Record your symptoms in the Saints Health+ app.

Notify HealthySaints@flagler.edu that you have symptoms.

Contact your supervisor to notify them you have symptoms (employees only).

Schedule and obtain a COVID PCR test through a local provider.

Stay home and isolate for 10 days from the onset of symptoms.

Health Services/HR must receive a Return to Campus form prior to student/employee returning to campus.

Call Health Services to complete the form over the phone. 904-819-6211

Have you been in contact with someone who has tested positive for COVID-19?

Yes

No

Yes, I have had direct physical contact or close contact (within 6 feet for 15 min or more without wearing a mask)

Yes, I have had non-close contact (outside 6 feet or within 6 feet for a brief period of time)

Practice social distancing, good hygiene, and wear a mask

Log into the Saints Health+ app daily to complete your symptom survey.

Practice social distancing, good hygiene, and wear a mask.

Watch for symptoms. Log into the Saints Health+ app daily to complete your symptom survey.

Watch for symptoms AND quarantine yourself for 14 days or obtain a COVID PCR test on day six of quarantine.

Record your contact in the Saints Health+ app—answer yes to question two.

Notify HealthySaints@flagler.edu that you have been exposed to COVID

Contact your supervisor to notify them you have been exposed to COVID (employees only).

Complete testing for COVID-19 on day six of quarantine.