JULY IS NATIONAL EYE INJURY PREVENTION MONTH!

TIPS FOR EYE INJURY PREVENTION

The US Bureau of Labor Statistics reported that more than 50 percent of workers injured while wearing eye protection thought the eyewear had minimized their injuries. But nearly half the workers also felt that another type of protection could have better prevented or reduced the injuries they suffered. It is estimated that 90 percent of eye injuries can be prevented through the use of proper protective eyewear. That is our goal and, by working together, employers, workers, and health organizations can make it happen!

Here are some ways to prevent an eye injury in the workplace:

- **ASSESS!** Look carefully and inspect all work areas, access routes, and equipment for hazards to eyes. This will help you identify operations and areas that present eye hazards.
- **TEST!** Uncorrected vision problems can cause accidents. Ask for vision testing during routine physical exams.
- **PROTECT!** Select protective eyewear that is designed for your specific duty or hazard.
- **FIT!** Have eyewear fitted by an eye care professional or someone trained to do this.
- **PLAN FOR AN EMERGENCY!** Know the first-aid procedures for eye injuries.
- **EDUCATE!** Participate in ongoing educational programs to create, keep up, and highlight the need for protective eyewear.
- **REVIEW!** Regularly review your accident prevention policies.

For more information on how to keep your eyes safe visit: [http://www.preventblindness.org/](http://www.preventblindness.org/)